

F I K A

TOAST	\$8
Zeally Bay sourdough OR fruit loaf	
BAGEL	\$7
plain OR cinnamon and raisin	
FREEMAN'S MUESLI (MUMS)	\$14
seasonal fruits & vanilla yoghurt	
MACADAMIA CHIA PUDDING (V)	\$14
raspberries, cocoa, seeds, (GF,DF)	
DR MARTYS CRUMPETS (FAMOUS)	\$19
whipped ricotta, ruby grapefruit, pistachios, earl grey tea honey	
TRADESMAN (7 YEARS STRONG)	\$14
EGG&BACON ROLL, Salt kitchen bacon, egg, rocket, special sauce and buttermilk bu	

ON TOAST

BRAISED BEANS	\$22
Cannellini beans braised in tomato based sauce with thyme and parsley	
SMASHIN AVO	\$22
Salsa Verde, pomegranates, goats feta, herb salad, (poached egg \$3)	
SARDINES ON TOAST	\$23
Port Lincoln sardines, peperonata, dill, fennel, parsley, lemon, confit garlic aioli on sourdough	

EGGS BENEDICT	\$26
Crispy Salt Kitchen Capocollo, poached eggs, hollandaise, salsa verde, lemon	

TUNA (staff favourite)	\$23
capers, cornichons, dill, sauerkraut, salsa verde and house made pickles on rye (poached egg \$3)	

OG (7 YEARS STRONG)

PULLED PORK ROLL	\$17
House made pulled pork with slaw and cheddar, must try	

FOCCACIAS

VEGO	\$14
House made Hummus, Eggplant, dukkah, mint, parsley and currants	

CHICKEN AND PESTO	\$14
House made walnut, basil and rocket pesto, cheddar	

HCT (CROWD FAVOURITE)	\$13
Ham Cheese Tomato, seeded mustard, tomato and rocket	

TOASTIES

REUBEN	\$16
Salt kitchen wagyu pastrami, mustard, house made pickles, sauerkraut and Swiss cheese on Rye	

TUNA MELT	\$15
Fika's famous tuna mix, aged cheddar and Swiss	

B.L.A.T.	\$17
Salt Kitchen streaky bacon, cos lettuce, avocado, tomato, parmigiano, confit garlic aioli	

EGGS ON TOAST **\$13**

Poached or fried

Have it Your Way

<i>Salt Kitchen big pig Bacon</i>	<i>\$6</i>
<i>House smoked salmon</i>	<i>\$8</i>
<i>Meredith goat cheese</i>	<i>\$4</i>
<i>half avocado</i>	<i>\$5</i>
<i>fresh tomatoes</i>	<i>\$5</i>
<i>Hummus</i>	<i>\$3</i>
V* = vegan option	
gluten free bread + \$1.5	

FIKA

COFFEE WITH FRIENDS

COFFEE

WHITE \$5 / 5.5
St. Ali - South Melbourne
Brazil / Columbia - choc fudge & apple jam

BLACK \$5
Rotating Single Origin

FILTER \$5 / 5.5

NOT COFFEE

CHAI (latte OR tea) \$5 / 5.5

HOT CHOCOLATE \$5 / 5.5
Grounded Pleasures - Ballarat
Tanzanian

HOT COLD CHOCOLATE \$7
hot chocolate, poured over vanilla ice cream

ICED CHOCOLATE \$7
ICED COFFEE \$7

TEA

\$5

ENGLISH BREAKFAST
PEPPERMINT
EARL GREY
GREEN SENCHA
LEMONGRASS & GINGER
CHAMOMILE

MILKSHAKES

\$8

CHOCOLATE
VANILLA
RASPBERRY JAM
NUTELLA
ESPRESSO

COLD DRINKS

DAYLESFORD & HEPBURN RANGE \$5
orange
banana, mango & passionfruit
lemonade
organic cola
sparkling water

DRINK BOBBY (prebiotic) \$5
Cola
Lemon
Orange